

FEPTO-NEWS

NEWSLETTER OF THE FEDERATION OF EUROPEAN PSYCHODRAMA TRAINING ORGANISATIONS



FROM LEFT TO RIGHT: **Jutta Fürst, Pierre Fontaine, Michael Wieser, Inci Doganer, Maurizio Gasseau, Wilma Scategni, Chantal Nève-Hanquet, Judith Teszáry.**

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**Maurizio Gasseau,
Pierre Fontaine
and Michael Wieser.**



FROM THE COUNCIL



LETTER FROM THE PRESIDENT

President's report

Judith Teszáry

Dear FEPTO members

First of all I wish you all a very pleasant new year with full of renewed energy and exciting projects. I also wish to thank all my colleagues in the Council for the dedicated work they have done and for the very efficient and joyful atmosphere at our meetings.

Special thanks go to Aris Zeilstra, who resigned from the council, for his contribution in the council work and we hope he will continue to be engaged in the non-clinical field of psychodrama.

Slowly, but surely we are making progress in strengthening the organization. The training committee is working on the guidelines of the training of trainers. The requirements to be a trainer in psychodrama look very different in Europe, and I hope that this work will harmonise the criteria and give the member institutes some inspiration and guidelines, which they can follow.

As you have seen in the invitation to the Cluj meeting, the topic will be theory. In order to have an efficient meeting I ask you to spend some time with your colleagues and together review your theoretical bases, the reference literature you use and the way of teaching theory at your institute/organization. One other good way to facilitate and contribute to the work of the committee is to fill in the questionnaires Pierre so persistently sends to you.

The research committee needs also your contribution to advance. I would like research and evaluation to become a part of the training program in your institute. This question we will discuss in Cluj.

I wish to remind you to go on and work on the topic of the "7 chairs of future FEPTO", that we started in Vienna.

- The development of psychodrama in different fields
- The development of the psychodrama theory
- Mutual trust, how to accept each other
- Unifying the terminology
- Balance between Passion and Structure to aloud the creative process to emerge

- Research
- Moreno in the process of peace

This time the Post conference is much more connected to our meeting. The council is involved in the planning and the forming of it. Maurizio's idea, to give space to the trainees and the trainers to meet, has been put into effect.

The administrative burden for the ECP application procedure was not too heavy and quite manageable so far.

A reminder. If you have a motion/proposition to put to the General Assembly, please send it to me before 1st Mars.

You can even send questions and ideas about training issues to the Council, to put on the agenda for discussion.

See you in Cluj!

Warm greetings

Judith Teszáry

Stockholm, 2006-01-15

Judith.teszary@chello.se



WELCOME TO CLUJ

Horatiu Nil Albini



The 14th FEPTO meeting "Apollon with Dionysos. Theories in action" Cluj-Napoca, Romania, the 26th of April - the 30th of April 2006.

Post conference: "Theory in Practice of Different Approaches in Psychodrama" the 30th of April - the 2nd of May Cluj-Napoca

Romania's second largest town, with a mixed culture and a population of almost 350.000 people, Cluj-Napoca lies in the North-West of the country, a real capital of Transylvania. The town has developed on the main trade route, later a *via romana*, connecting the Roman Empire to the Roman Province Dacia Felix.

A powerful economic and business centre, the city is known due to its cultural centre: the National Opera House and Theatre, the National Philharmonic, the Hungarian Opera House and Theatre, the Art, History and Ethnographic Museums and last, but not least, university institutions. The first university in Cluj was the one set up by Prince Istvan Bathory in 1581, which was run by Jesuits. Now the town has one of the largest universities of Central and Eastern Europe – the Babes-Bolyai University, founded in 1872. Every year the university welcomes more than 38.000 students within its 19 faculties and colleges.

You can also visit the Botanical Gardens, the fortress walls and medieval buildings such are Saint Michael's parish Church dating from the 14th century or the Franciscan Church and Abbey (which houses now the Music Academy), the Matei Corvin House and the Orthodox Cathedral.

Dear friends, On behalf of the FEPTO council and the local organizing team in Romania I am honored to invite you to the 14th FEPTO meeting: "Apollon and Dionysos. Theories in action". This event will take place in Cluj-Napoca, 2006 between 26 and 30 of April and it will be followed by a post-conference, organized for trainees, trainers and practitioners, from 30 of April until the 2nd of May, with the topic "Theory in Practice of Different Approaches in Psychodrama".

Time

The conference begins on Wednesday afternoon at 6 p.m and finishes on Sunday midday at 1 p.m. The post conference begins on Sunday afternoon at 5 p.m. and ends on Tuesday at 5 p.m.

Place

The Diaconal Centre, Str. Ponorului nr.1, Cluj-Napoca. It is a multifunctional building that has a main conference hall and rooms that can provide simultaneously small group works. It is located at about 3 km from the centre of the town. The Centre provides also the accommodation for the participants. It can be reached from the airport or the central railway station only by taxi. During the day from the airport you have around 25 minutes and from the railway station around 15 minutes. Taxis can be found at any time at the airport and railway station or ordered by ringing at 953, 942, 944 or 948. The current rate is 0.30 EUR/km. You

can find more details about the Diaconal Centre at <http://www.bethlenkata.ro>

Program

The final program of the meeting in details will be available by the 1st of

February and will be sent to you included in the second call, both by regular post and through Internet.

Price

For the FEPTO meeting: 155 EUR for early birds (until the 28th of February) and 185 EUR after the 1st of March. Please make a bank transfer to: FORTIS BANQUE, Montagne du Parc 3, B-1000 Brussels Code Swift : GEBABE BB Transfer to FEPTO Account nr: 001-3573240-30 IBAN: BE 15 0013 5732 4030 Please mention: registration fee FEPTO Cluj-Napoca In case of cancellation, before 20th of March, 50% of the fee will be refunded. After that there is no refund.

Accommodation

Diaconal Centre** (Bethlen Kata) - 54 places (only in double rooms) 15 rooms "A" (30 places): 15 Eur/pers (including breakfast) 12 rooms "B" (24 places): 13 Eur/pers (including breakfast)

For those who prefer to stay in a single room we recommend:

Hotel Agape****

Str. Iuliu Maniu, no.6

<http://www.hotelagape.ro> in the centre of the city, a 30 minutes walk to the Conference Centre

56 EUR in a single room (including breakfast)

34 EURO/pers in a double room (including breakfast)

Hotel Confort***

Calea Turzii, no.48

<http://www.hotelconfort.ro> near the place of the conference, some 10 minutes to walk

35 EUR in a single room (including breakfast)

23,50 EUR/pers in a double room (including breakfast)

Retro Youth Hostel*

Str. Potaissa, no.13

<http://www.retro.ro> in the old centre of the city, about 25 minutes walk to the Diaconal Centre

rooms of 3, 4 and dortoirs of 6 and 11 beds, 10 Eur/pers (breakfast included)

While prices will remain "frozen" for the Diaconal Centre the ones from the other hotels are subject to further modification due to the hotel management policy. Hotel reservations that have been made by conference team must be registered before the 28th of February 2006. Starting from the 1st of March the conference team cannot guarantee the accommodation in the recommended hotels.



INFORMATION AND REGISTRATION

Please send the registration form (with attached document) or ask for any information about accommodation by writing an e-mail to Laura Budiu: vivi_budiu@yahoo.com tel: +40(0)723 943

Information about Cluj-Napoca: <http://www.romania-tourism.com> you can find the map of Cluj-Napoca at: <http://www.harta-turistica.ro>

You will find with attachment the first call, brief information about Cluj-Napoca, the timetable of the international flights connecting several European cities to our town, the timetable of the flights from Bucharest to Cluj-Napoca and the registration form. If you have any questions about the conference please send an e-mail to: lifeisastage_ro@hotmail.com

This announcement will be followed in January by information about the post conference. We look forward to meeting you in April. With warm wishes,
Horatiu Nil Albini



RESEARCH COMMITTEE REPORT

Michael Wieser

Scientific Research in Psychodrama July to December 2004 n.1

Collaborative research

R. Elliott and A. Zucconi started a Person-Centred and Experiential Psychotherapy International Research Project (<http://www.ipeppt.net/index.htm>). One goal is to develop research tools. He was asked in which way we can cooperate, and he set a link to <https://www2.uni-klu.ac.at/claroline/160321/>.

In Austria the Psychodrama Section started to use Brief Symptom Inventory of Derogatis (1993, <http://www.pearsonassessments.com/tests/bsi.htm>) and VEV (Emotional and Behavioural Changes in Psychotherapy Questionnaire; Zielke, & Kopf Mehner, 1979) to investigate the effectiveness of psycho-

drama psychotherapy. The research design is as follows: Use BSI before the first session, six months in between, at the end of psychotherapy, six months after psychotherapy use BSI and VEV. BSI takes 10 minutes, VEV 20. We include main psychological disorders like depression (ICD-10 F32-39), phobia, anxiety (F40-41), and post-traumatic stress disorders (F43). At the moment 20 patients in individual psychodrama psychotherapy and two psychodrama group psychotherapies are collaborating and we hope to increase the population to 100.

Tools to evaluate

Judith Teszáry suggested using The WHO (Ten) Well-Being Index (Bech, Gudex, & Staehr Johansen, 1996a). Göran Högberg is also using this. There is a critique from Bradley (1996), who is the author of the original long version, saying the short questionnaire is conceptually and methodologically unsound. Bech, Gudex, and Staehr Johansen (1996b) replied that their results are limited to patients with diabetes and with less severe health states. Up to now I have received the English and Swedish questionnaires but no other languages and no test manual. In psychotherapy research I did not find that index but I will search for it.

Publications:

Several contributions to an IAGP-(International Association of Group Psychotherapy)-book are in review. In future we should have more publications in journals with so called impact factors and a high Science Citation Index (<http://www.thomsonisi.com/>).

Conferences

There are some psychodrama research proposals for the congress <http://www.iagpcongress.com>. Our strategy should be to have a psychodramatist as a keynote speaker in the main conferences.

Membership

Göran Högberg is welcome as a new member of the Psychodrama Research Committee in FEPTO.

References:

- Bech, P., Gudex, C., & Staehr Johansen, K. (1996a). The WHO (Ten) Well-Being Index: Validation in Diabetes. *Psychother Psychosom*, 65, 183-190.
- Bech, P., Gudex, C., & Staehr Johansen, K. (1996b). The WHO (Ten) Well-Being Index: A reply concerning the soundness of its development and the perspective of its use. *Psychother Psychosom*, 65, 334-336.
- Bradley, C. (1996). The WHO (Ten) Well-Being Index. A critique. *Psychother Psychosom*, 65, 331-333.
- Derogatis, L.R. (1993). Brief Symptom Inventory (BSI) (administration, scoring, and procedures manual, third edition). Minneapolis: National Computer Services.
- Zielke, M. & Kopf-Mehner, C. (1978). *VEV. Verän-*

derungsfragebogen des Erlebens und Verhaltens [Emotional and Behavioral Changes in Psychotherapy Questionnaire]. Weinheim: Beltz Test Gesellschaft mbh.



EUROPEAN AFFAIRS

European Affairs in 2005

Pierre Fontaine

EWAOC. You will know that we were accepted as EWO (European Wide Organisation) for psychodrama at the EAP meeting in Ljubljana, Oct. 2004. We were now accepted as EWAO (Eur. Wide Accrediting Org.) in Vienna, Feb. 2005.

ECP. Since then, the National Accrediting Organisations (NAO) have sent us applications for ECP (Eur. Certificate for Psychotherapy) grand parenting. We got 10 applications coming from 3 countries: Belgium, Norway, and the Netherlands. We had a good collaboration with the NAO's and we know well their training institutes as well as they are members of FEPTO and so it was easy for us to confirm these certificates in 9/10 cases. The 10th and most recent one, is still incomplete.

EAPTI. We had contacts with one of our FEPTO member Training Institutes, exploring the possibility of becoming a EAPTI (Eur. Accredited Psychotherapy Institute).

EAP meetings. Michael Wieser represented us at the EAP Vienna Meeting in Feb. 2005. There we became EWAO. Judith Teszáry represented us at the meeting and annual conference in Vilnius (Lit.) in June 2005 and at the meeting in Budapest in Oct. 2005. See their report.

Report from EAP meetings

Judith Teszáry

At two of EAP meetings I represented FEPTO, one in Vilnius, 7th-10th July and one in Budapest 14th-15th October 2005.

I attended the meetings of EWAOC (European Wide Accrediting Organization Committee), chaired by Mony Elkaim, the meeting of European Journal, chaired by Tom Ormay, ETSC (European Training Standard Committee) and the Board meetings.

My general impressions of EAP is that it is a hard working organization with engaged people, who are putting a lot of effort to achieve the recognition of psychotherapy as a profession of its own.

Some points of interest for FEPTO from the EWAOC meeting: A document on guidelines for EWOC assessors is under preparation. A form for re - registration of EWAO after 5 years, based on the new application form will be presented at the next meeting. The form will consist of points such as: - which type of trainings do the EWAO's member organizations have and in how many countries and if these trainings are up to ECP standard and which standard they do not meet. For FEPTO it means a re- accreditation in February 2010.

There is a proposition that ECP holders should also re-register after 5 years and give information about their continuous professional development (CPD).

Barbara Fitzgerald prepared a paper on CPD. Proposal: an average of 50 hours per year have to be covered by supervision and/or training on advanced level and/or participation in scientific conferences.

There are problems with institutes, which apply for EAP-TI (European Accrediting Psychotherapy Institute) and do not belong to any EWAO. A board of international experts are working on the guidelines for scrutinizing the institutes. One proposition is that the institute has to answer the 15 questions.

Files of ECP application for psychodramatists should go to FEPTO from now on and not to the GAP (Grand Parenting Advisory Panel), because FEPTO was awarded the EWAO status in February 2005.

General remarks: The applications should be more detailed on supervision and psychotherapy training/practice in the CV, so the scrutinizers can check the files.

According to the Strasburg Declaration, GAP could accept practitioners who are not physicians or psychologists, but fully trained in a well-known modality.

Sharing of the application fees between EAP/NAO/EWAO

50% for the EAP

30% for the NAO

20% for the EWAO (where they are involved)

Recommended principles for the Grand- parenting rules:

- 2 years or 250 h of personal psychotherapy

- 4 years of training in a recognized modality or equivalent

- 5 years of practice (or 1500 h)

- Assessment by a National Committee of at least 3 experts from different modalities.

International Journal of Psychotherapy

A decision to oblige each NAO and EWAO to subscribe for at least three copies was accepted. The yearly fee for three issues is 150 €.

European Affairs in FEPTO

M. Wieser

Scientific validation of psychodrama therapy. Fifteen replies to European Association of Psychotherapy (EAP) statements. Edited by Michael Wieser, Pierre Fontaine, and Judith Teszáry with contributions from Lars Tavvon and Göran Högberg

There was a new version of this paper published in November 2005 and Judith Teszáry is working on the newest one.

ECP

I found a scrutinizer for psychodrama ECP (European Certificate for Psychotherapy) applications on a national level in Austria, but during the summer the plan was changed. A National Accrediting Psychodrama Organisation should be installed. There are some problems to solve, one training institute asks for membership of trainees/graduates and is a member of FEPTO, the other not. As Pierre Fontaine suggested the scrutinizer should be someone active in FEPTO, so s/he has all information.



TRAINING COMMITTEE REPORT

Pierre Fontaine

In Vienna we spoke about our **projects**

1. To plan an accreditation of our Training Institutes and
2. to gather ideas about Training of Trainers.

After the summer holidays, **Aris Zeilstra**, our co-chair, had to re-organise his time and it was difficult to find time for FEPTO, so he resigned, with regrets on both

sides. Thank you, Aris, for your quiet support and your ideas.

Accreditation of Training Institutes. 70% of our member organisations answered our Training Questionnaire. From the 25 complete answers 14 are in agreement with our MTS (Minimal Training Standards).

Why don't we meet in Cluj with the representatives of Training Institutes interested in an accreditation and discuss a proposal to our General Assembly. We are prepared to meet people on Wednesday April 26th at 15 h. If you are interested in the meeting and/or in accreditation, please send a mail to pierre.fontaine@psp.ucl.ac.be.

(National) **Accrediting Organisations** answered also our Training Questionnaire. Their accreditation is important but perhaps more complex. We made a proposal about the role of these National Accrediting Organisations and ask now for reactions. See the end of our Vienna report in FEPTO News Sept. 2005 p.8.

Pierre Fontaine

ON THE TRAINING OF TRAINERS

by Pierre Fontaine

BASIC IDEAS & BELIEFS

GOALS OF TRAINING

Have the ability to train PDtists and to direct the **different phases** of training: self experience, advanced group, theory and methods seminars, own practice and supervision individual, group, live, and of recorded sessions.

Ability to develop or help to **develop a PD training centre**: work in collaboration, develop a team, a curriculum or programme of training, administrative structures, records of sessions, records about trainees, financial aspects...

Relationship with trainees: announcing training, admission interviews and selection, answering, help trainees with special goals, yearly evaluation interview, help students with problems, help a group with difficulties, give appropriate guidance or tutorship, end evaluation of trainees.

Relationship with peers. Inter-vision, participate in professional meetings and establish constructive relations, be member of professional societies, follow and publish professional literature, be interested in the relationship between profession and community and/or society.

General Culture. Have a good background of PD, group work, psychotherapy, individual and group development, .. knowledge and openness for other cultures, religions, values, ...

Ethical. Wise and healthy ethical judgement even in stress situation...

Personality. Well balanced between openness and personal positions, without being doctrinaire, etc.

Note These are goals, and a life long project, the trainer has not to be perfect in all these things, but has to be good enough.

WAYS TO BECOME TRAINED AS TRAINER

To train others in PD, we think you need:

- extensive experiences of a very good and supervised own **PD practice** in different fields.
- to have seen and experienced a sufficient large variety of other Pdtists and **other ways of doing PD.**
- to have also seen and experienced other PD trainers and **different models of training** / teaching, not only in your own training Institute.
- to have developed a large knowledge of **theories and methods** about PD, psychotherapy and group work, the ability to integrate it in your work and help people to integrate it in their work..
- to have had **co-responsibility of training**, (1) hearing the reflection or inner talk of the senior trainer and (2) doing training and being live-supervised by him/her.
- to have **trained independently** your students in becoming Pdtist and being supervised for this work
- to have **been assessed** for this work by a yearly approval and by a final examination and evaluation by a examining body.

A MORE CONCRETE PROPOSAL

PRELIMINARY REMARKS. A team performs the training of Pdtists with different people in different roles: Primary trainer, Supervisor, Secondary trainer, Adjunctive trainer and PAT (Practitioner Applicant in Training), (Am. B. p. 12-18) Mentor, Tutor,.. (BPA) I think it is good to have different people and roles during the training. Not everybody needs to be recognised as a TEP. It is of course necessary to be TEP for a primary trainer and for the director of training in the training institute. More than the half of the training hours has to be given by TEPs.

APPLICATION

The candidate for TEP training makes a personal training program and a contract with a training organisation and a main trainer about his training. The training organisation and the main trainer shall be recognised in this function by the

National Accrediting PD Organisation and by FEPTO. The individual training program shall be approved by them.

ADMISSION for the training to become a trainer

Preliminary education and experience

- M.A. (Master) degree or equivalent in human or social sciences.
- recognition as fully trained psychodramatist with FEPTO's MTS.
- Have an own active practice of PD (4years) since this graduation.

Admission procedure

- To be accepted after an admission process with deep interview with (one or) two of the (TEP) trainers.

TRAINING.

Duration minimum 4 years, (the same duration as the minimum for training as Pdtist).

Content.

(1) *A continued, deepened and differentiated PD practice and training*

- (a) more (*self-)experience* with different trainers and on different subjects. E.g. different styles, work with psychotics, play back, ... (Min. 100 h. e.g. 8x12h+ = Two week-ends each year during the 4 years)
- (b) more *theoretical and methodological knowledge*, through books, active participation in international conferences, publications. It is integrated in the preparation of subjects for seminars given by the PAT.
- (c) more *own practice* from different types (Min. 500h. = + 4 hours/ week during 4 y.) with more supervision by different supervisors (Min. 60 h. with min. 24h. indiv.)

(2) *Specific training as trainer.*

(In total min. 400h. this is somewhat the half of the contact hours for PD training.)

We see two elements or stages: the co-trainership and the own trainership. These stages can overlap. There are also 3 phases in the training of psychodramatists: Self-experience, advanced training, own practice under supervision. It is important that the trainee for PD training has enough experience of training in these three phases in co-trainership and in own trainership.

- (a) be a *co-trainer of a recognised PD (Master) trainer.* His/her responsibility as co-trainer will grow progressively. At the beginning he/she has more auxiliary tasks but participate in the strategy of processing the training and feedback of the session.

After some time, he/she can have the responsibility of a session and always have the possibility to receive help and feed back from the senior trainer. This is in some way an on-site supervision (We propose a minimum of 160 hours co-training with a (TEP) trainer)

(b) *responsible trainership under supervision*

Inside a training institute or under some conditions own start of a training organisation. Can also be done in co-trainership by two trainees for trainership. (We propose also a minimum of 160 hours own responsible trainership, with minimum 50 hours of supervision on this part including minimum 20 hours of individual supervision.)

EXAMINATION

There has to be a *yearly evaluation*. Written self-evaluation by the trainee and a report by the trainer. This evaluation permits also an adaptation of the training plan for next year. The evaluation is on three points, like the examination for Pdtist: the person, the knowledge and the training practice. These three elements work together: the knowledge must be integrated in the training practice and the personality in the style.

For the *end examination*:

- Minimum one a large article or different shorter papers with reflection about the practice of training. We ask also an English summary that can be published.
- an on-site observation by an examination board of different training activities during 2 x half day.
- a discussion with the examination board of on-site presentation and/or of paper.

Accreditation as trainer by National Accrediting PD Organisation and by FEPTO.

QUESTIONS on levels and specific titles

Levels according the capacity for basic or advanced level training? Supervisors?

PD Psychotherapy and other fields in the accreditation of trainers?

**MEMBERSHIP COMMITTEE****Report of Membership Committee**

Inci Doganer

Chairperson: Inci Doganer

Other Members: Yaacov Naor, Monica Westberg

THE FOLLOWING INSTITUTES ARE INVITED FOR VOTING IN 2006 CLUJ MEETING**Bulgaria**

Foundation "Institute for Psychodrama, Individual and Group Psychotherapy Bernhard Achterberg" - IPIGP
Presented in FEPTO-News March 2005 (5.1)

Italy

Associazione Rierca E Training Psicodramma Analitico Individuativo- ArtPAI

Short Description

President/Vice President: Vanda Druetta, Carola Palazzi

Address: via Bricca, 10 10131 Torino, Italy

e-mail: vanda.druetta@erasmo.it

1. Presentation of the formal structure of the organization: Non profit organization.
2. History of the organization: ArtPAI's founding members are certified psychodramatists with considerable experience in the direction of analytic psychodrama sessions. They currently operate in outpatient care and public psychotherapy center and other public psychiatric services caring for people with mental health. In the light of their clinical experience, the psychologists and therapists operating within ArtPAI have developed a new model of analytical psychodrama, which combines the theories of Jacob L. Moreno with phenomenological and clinical perspectives on mental health disorder. In 1994, they started their first training course for conductors of analytical psychodrama funded by the Italian public health agency. The first supervision group for psychodrama directors was initiated in 1998. Through long standing cooperation with public health institutions and private agencies they have acquired considerable experience as psychodrama directors, trainers, supervisors. In 2004, the establishment of ArtPAI and the opening of a training school in analytical Jungian psychodrama were intended to strengthen the scientific foundations of their experience in clinical psychodrama training.
3. Published Curriculum: There are 3 categories in training: a) Director for role playing (total 640 hours) b) Psychodrama director for psychotherapy (clinical) and psychodrama director (non clinical) (total 960 hours) c) Director trainer (total 1240 hours). The equivalent for a certified practitioner is psychodrama director. There is 120 hours of theory and techniques, 240 hours of self experience, 220 hours of training inside an advanced training group, 150 hours of supervision of practice, 60 hours of free choice, 170 hours of supervised practice. A written thesis is required for certification.
4. List of training staff: Vanda Druetta, Carola Palazzi, Elena Benvenuti, Roberta Dazzi, Maria Bosio, Cristina Testa, Elene Scala

5. Number of training groups in the last 3 years: 13 personal analysis groups formed by 10/12 members each. Three training groups organized in weekly sessions with a total amount of 38 members. Two supervision groups organized into fortnightly sessions with a total number of 25 members.
6. Number of certified psychodramatists by the organization: Before the constitution of the organization, ArtPAI founding members had provided full training to 25 psychodramatists on behalf of public health agencies.
7. Recommended by: We are still waiting for the recommendation letters.



MORENO'S HOUSE (Moreno-Lörnitzo House)

M. Wieser

THE FOLLOWING INSTITUTES ARE EXPECTED FOR PRESENTATION IN 2006 CLUJ MEETING

GREECE

Greek Psychodrama Society
Representative: Nick Takis
E-mail: niktak@mail.gr

ISRAEL

Kibbutzim College of Education School of Advanced Study - The Expressive Therapy Training Center
President: Dr. Einya Artzi
Address: 149 Namir Rd. 62507 Tel-Aviv Israel
E-mail: einar@macam.ac.il

The owner of the house said in a phone call that he would like to get a professional offer for the house to rent or buy. As a businessman he will not give it as a present. Otherwise he will use the house as an office or the like for the spa. He does not need a project group.

We will ask the Mayor of Bad Vöslau if he could find out how much we should offer.

FEPTO council suggested in November 2005 that the city of Bad Vöslau could also use the house, and that we should find EU funds.

IAGP board discussed the project in their last meeting in August; we have to ask for the results.

Meanwhile I collected all the brainstorming since Easter 2003.



MESSAGE FROM THE TREASURER

Chantal Nève - Hanquet

I wish to thank the founding members, training organisations and accrediting organisations, who paid their fees 2005. I stated how careful people are with our FEPTO treasury. Nevertheless a few organisations still have to pay their fee. A mail of reminder was sent to them in December.

Chantal Nève - Hanquet



FEPTO DIRECTORY Self Presentatin for FEPTO Directory

Judith Teszáry

Director of Psychodrama – trained by Zerka Moreno at the Moreno Institute, Beacon, New York;

TES – Accredited Trainer and Supervisor at the Hungarian Psychodrama Association

Psychotherapist – step I. Stockholm University

Family Care psychologist at Stockholm City Social Administration

Address, Norrbackagatan 43. 113 41 Stockholm, Sweden
Tel – +46 8 31 52 86, +46 70 47 25 271
Email – Judith.teszary@chello.se
Language – Native Hungarian, Second – Swedish, read & understood – English.

Studies – psychology, sociology, pedagogy – Stockholm University
Family therapy training

Psychodrama studies – Moreno Institute, Beacon New York 1977-1983, Zerka Moreno, (certified 1983)
Special seminars – Marcia Karp, Ella Mae Shearon, Anne Schützenberger, Clare Danielsson and more.

Psychodrama Training Given – Psychodrama Academy, Stockholm as main trainer; Norwegian Psychodrama School, as supervisor & examiner, Uppsala Psychodrama Institute, special seminars, examiner; Hungarian Psychodrama Association as main trainer & supervisor.
Special seminars in Turkey, Hungary, Norway.

Very soon after the start of my psychodrama training 1977 with Zerka I started to use the method in my family therapy work, in conflict management at hospitals, organizational management and wherever I worked. The 70-es and even the 80-es were an era of free experimenting of creative methods, in the spirit of anti-psychiatry. Today I use psychodrama as supervision method for different staff, as educational tool for social workers and family therapists. I am working part time as family care psychologist at Stockholm City Social administration with assessment of foster families and adoptive families. I also have a private practice. My special interest is psychodrama work with psychosomatic disease.

Research – 5 years treatment and research program with long lasting psychosomatic disease at the National Institute for Psychosocial Factors and Health, Stockholm.
My asset is my curiosity and creativity, my enjoyment is the involvement with people, my hope is to build pleasant structures for myself and for others. Democratic values and equality are my leading stars in human relations.

Membership – Founding member of the Swedish Psychodrama Association, (chair a couple of years); founding member of Sweden's Association of Psychodramatists;
Editor of the Swedish Psychodrama Journal, 16 years.
Member of IAGP (SPC)
Founding member of FEPTO and president since 2001.

Publications – *When words are not enough* (ed. Theorell, T.) Natur och Kultur, 1998, Sweden
Creative Moments (ed. Berglind, H.) 1998, Cura, Sweden

Several articles on psychosomatic and other topics, in the Swedish Psychodrama Journal and in other ones.



REPORT OF ETHICS COMMITTEE

Maurizio Gasseau

The Advisory Board of Ethics of Fepto met twice during the Fepto Annual meeting of Vienna 2005.

Present: Maurizio Gasseau, Chair of Ethics Committee, Pierre Fontaine, Ildiko Mävers.

Giovanni Boria, Gordon Langley, Greta Leutz apologize for their absence.

The General Assembly approved the new version of the Fepto Code of Ethics and Practice for Psychodramatists published in the Fepto News.

Before our 1st meeting Pierre and Giovanni suggested to start working on a practical case. We did it.

The Ethics committee, composed by Aku Kopakkala, Ildiko Mävers, Juhani Viherlahti and Aris Zeil suggested that the Advisory Board of Ethics would be a useful support of the local committee or Wise man group, Probi viri of the FEPTO Training Organizations.

We decided to send a mail to all Fepto Training Organizations and Fepto Accrediting Organizations to underline the importance of creating local ethic committees in the T.O. and A.O. and to ask to send to Fepto Advisory Board case of complaints that are difficult to deal with in the local area or Institute where the actors are very well known and sometimes friends of the member of the Local ethics Board.

The Fepto Advisory Board is a second level where to deal with the complaint, and can be a consultant of the local T.O. and A.O. Board of ethics. It would be possible for the local ethics Board to send cases to be kept secret about the colleagues involved.

We already know that more of 50% of our Organizations have an ethical Board.

The Advisory Board will work on cases presented by our Training and Accrediting Organizations.

Torino, 15.1.2006

Chair of the ethics committee

Maurizio Gasseau





VOICES FROM THE PARTICIPANTS OF THE FEPTO MEETING IN VIENNA 2005

Jutta Fürst

Chair of Annual Meeting Committee

1. Why do you go to the FEPTO meetings?

- to meet people, other trainers, encounter (13) exchange, to share(7), friendship (4)
- To develop networking, to build new relations: (8)
- To learn new approaches, theories: (5)
- Explore differences and similarities, to discuss training matters: (3)
- To renew the inspiration of psychodrama, to get support, give and receive energy: (2)
- To explore the worldwide strength that is in living in the psychodrama world
- To poster professionalism
- To remain European in my values
- Because I love them
- Bridges between IAGP and FEPTO
- To support the organisational issues
- Improving training to follow the ongoing process of training

2. What did you like with this meeting?

- Atmosphere, group cohesion , trust: (12)
- The lectures (10)
- The FEPTO theatre (6)
- The place/location with history (5)
- Excursions (5)
- Management of topic, organisation, service, structure vs passion (5)
- Encounter with people and the unexpected (5)
- Continuing small group work (4)
- 7 projects, peace project (3)
- Theory and practice in psychodrama (3)
- The creativity/ effectiveness of GA (2)
- Food (2)
- Diversity and flexibility
- Intervision session
- New members
- Social gathering

- The work of the board (in between the meetings)
- The warm up about sociometry and differences in training

3. What would you do differently?

Structure:

- More structure, To be informed about structure, to keep more frames, keep the time boundaries, clear leadership, Short and well structured GA : (9)
- Stick with programming but appreciate the moments of spontaneity
- Small group, large group, Good balance of small and large group (2)
- One afternoon free time, more freedom for small groups to go to the city or out of the place: (2)

Warm up:

- warm ups should be pointed to the theme (2) A special warm up to have the possibility to get known psychodramatic colleagues of Romania

Content:

- More space for interaction, more demonstrations of methods and techniques (2)
- Less time for organisational topics
- activities with content
- More knowledge of the persons present,
- To have the possibility to be a more active participant: at the beginning of a day time to introduce the group into the programme and to discuss it and to have at the end of the day some reflection and decisions for the next day (2)
- Reflection of group process
- The FEPTO theatre not a cabaret
- More clarification of terms and different opinions integration
- Budget of the meeting better known

Others:

- Better food (more alternatives) (2)
 - Structure and music of the dancing evening
- ### 4. What would you like to happen in the next meeting 2006 in Cluj, Romania?
- a. in general :
- Adjustments of different education criteria
 - Time for reflection of the group process
 - More action, more playing
 - Psychodrama theory
 - More free time
 - Post meeting conference
 - To receive a list of names who will come (has a special cohesive power)
 - More about using/teaching the method
 - Theoretical background
 - Some little groups to get known the people's work and various fields

5. topic or themes ?

- New horizons



- New resources in PD
- Minimum standards for trainers
- Do we believe? What are our values in different countries
- Theory in action
- Different application methods and theories from many countries
- Methods of psychodrama in conflict resolution
- Morenos theory on who shall survive
- Psychodrama theory
- European wide Psychodrama certification
- Psychodrama in several professional fields
- Differences between....
- Spontaneity
- Processing
- Sociodrama
- Links of Morenian theory to other theories



EUROPEAN EVENTS

Past Events

REPORT ON THE CONFERENCE IN KRAKOW IN SEPTEMBER 2005

Hilde Gott

“Gardens Of Roles”, the VIIIth Conference of the Psychodrama-drama Institute for Europe from 2nd - 4th September 2005 in Krakau, was attended by 217 participants from 16 countries.

Anna Bielanska, chairwoman of the Polish Psychodrama Institute and member of the Executive Board of the Pife, opened the excellently organized conference with her lecture “In the garden of life at the fountain of the creativity” which clearly showed the solid foundations of psychodrama in Poland. Psychodrama was well demonstrated in more than two dozen workshops, and the lectures encompassed and reflected a range of topics from PD with difficult patients, preparation for marriage, to discourse with psychoanalysis.

Besides the colorful banquet of music and dance, a second highlight which took place was the performance of “Tristan and Isolde” by the Psyche Theatre in Krakow. An wonderful and revealing performance where the therapeutic work was perfectly and aesthetic interwoven with a professional stage production, demonstrating a marvellous and reliable basis for the healing applications of Psychodrama.

With a psychodramatical and delightful “Sum up on stage” the organization committee then said farewell and invited us to the next convention in Germany in 2007.

A emotional memento of the conference was a journey to Auschwitz, organised by Yaacov Naor and Hilde Gött, and in which almost a third of the participants took part. It was only being together as Europeans that made the visit bearable and allowed us to learn something from this place.

In Progress GRANADA

VII International Summer Academy in Granada: VII Jornadas Internacionales en Granada:

Learn from Differences: Intercultural Competence in Groups -Granada 2006 June 12th – 16th

e-mail address for registration: www.granada-academy.org
Site of the association - IAGP www.iagp.com AEP (Spanish Psychodrama Association) COIRAG-ÖAGG + DAGG

GREECE

Summer Academie “HELLENIC SUMMER DAYS” organized by the Psychodrama Section of the Hellenic Association of Group Analysis & Psychotherapy (HAGAP) and Psychodrama Institutes for Europe (Pife), from 2. 09. 8.09.2006 in Chania, Crete Greece - Information and Correspondance address: summeracademy2006@yahoo.gr.



REPORT OF PSYCHODRAMA SECTION IAGP

Manuela Maciel

Chair of IAGP PD Section

Report of psychodrama section iagp

1. We are having a Board Meeting February 18- 20 in S.Franisco together with the AGPA Meeting.



2. It was decided from the Board size of IAGP to be much reduced which will make it more effective
3. The IAGP Congress will be in S. Paulo and already has registrations and the final program is about to be printed...
- 4 We are going to publish a book by Routledge called "Advancing Theory in Psychodrama", that shows the state of the art of the most recent theoretical reflection in Psychodrama.

The International Association of Group Psychotherapy (IAGP) holds its next congress in Sao Paulo, Brazil, on 18-22 July 2006. Over 500 proposals were submitted. Far more than 800 people have registered for this congress and we expect the number to exceed 1000. Brazilian psychodramatists are welcoming the colleagues from around 40 countries. For more information go to www.iagpcongress.org. See the link Accommodation for travel assistance.

Manuela Maciel

(Chair of Psychodrama Section)

From: owner-psychodrama-news@iagp.com on the part of Manuela Maciel

[manuelamaciel@mail.telepac.pt]

Manuela Maciel

(Chair of Psychodrama Section)

BOOKS REVIEW

"Advancing Theory in Psychodrama"- Routledge, 2006

"Advancing Theory in Psychodrama" shows the state of the art of the most recent theoretical reflection in Psychodrama.

Readership This book is intended for students, practitioners and trainers in the field of psychodrama throughout the world. It will also appeal to professionals and students in the fields of psychotherapy, counselling, psychology and psychiatry who want to know more about the cutting edge of theory in psychodrama.

Level The book addresses the field of psychodrama at an advanced level. It is meant for people with a university degree or a post-graduate diploma in psychotherapy or a related field, or people who are working towards such a qualification

Foreword - Zerka Moreno, USA or Greta Leutz, Germany

"Advancing Theory in Psychodrama" has the following contents:

Part 1 - Psychodramatic Theory – Changes and Historical Perspectives

Introduction to this section

- How Does Psychodrama Work? - Pio de Abreu and Cristina Oliveira, Portugal
- Let's Face It: Mirroring in Psychodrama - Peter Felix Kellerman, Israel
- Psychodrama and Role Theory - Sue Daniel, Australia
- Psychodrama and the Theory of Spontaneity/Creativity - Michael Schacht, Germany
- Moreno's Basic Concepts - Rosa Cukier (Brazil) and Adam Blatner (USA)
- Sociometry and Psychotherapy - Anna Knobel, Brazil
- Psychodrama and Culture: the Social Aspects of Identity – Jorge Burmeister, Switzerland
- Role Dynamics and Psychodrama: The Role of the Meta-Role – Adam Blatner, USA

Part 2 - Integrating Psychodrama and Related Theories

Introduction to this section

- Psychodrama and Jungian Theory - Maurizio Gasseau and Wilma Scategni, Italy
- Psychodrama and Existential-Dialectical Theory - Leni Verhofsstadt, Belgium
- Psychodrama and Quantum Theory - Manuela Maciel and Ana Sofia Farinha, Portugal
- Psychodrama and Chaos Theory - Rory Reimer, USA
- Meta-theory of Psychodrama - Adam Blatner, USA

Part 3 - Clinical Innovation and Research

Introduction to this section

- Theoretical Foundations of the Therapeutic Spiral Model - Kate Hudgins, USA
- Trans generational Analysis and Psychodrama - Anne Schutzenberger, France
- Miniature Psychodrama – John Casson, UK
- Psychodrama and Spiritual Development - Connie Miller, USA
- Psychodrama as an Experiential Reintegration - David Kipper, USA
- Studies on Treatment Effects of Psychodrama Psychotherapy - Michael Wieser, Austria

Part 4 - Neurobiological and Developmental Perspectives

Introduction to this section

- A Neuroscience Perspective on Psychodrama - Ed Hug, USA
- Psychodrama and Child Development - Anne Bannister, UK
- Attachment Theory: Implications for Psychodramatists - Clark Baim, UK
- Psychopathology and Psychodrama - Fernando Vieira, Portugal





LETTER FROM THE EDITOR

Dear FEPTO Friends,
I hope that you like this second issue. Please remember:
The authors are responsible for the language correction of
their articles. Celia and Dorothy are authorized to make
this final check up.
After this the articles are sent to their authors and they
are responsible to forward it to Wilma.

Articles should not exceed 1000 words, written in "Arial
9". The photos must be .jpg format and should not exceed
800 kb and must be sent one by one.

Next deadline: 1st June.

Have a nice time...

Warmly

Wilma

FEPTO Cultural Exchanges

We intend to facilitate travels and stage between the different Training Institutes (of trainee and trainers) so we can know better our way of working. We can publish on the newsletter the date in which our Institute can "Open the doors for visitors.-guests." coming from other FEPTO Institutes.

So we can know better our different way of working

Remember the deadline

IMAGES OF CLUJ MEETEING 2006



New members organizer
of Cluj Meeteing 2006.

Chiara, Judith, Chantal, Marcia.



Monica, Adriana, Gabor.



Pierre in front of Moreno's house.



Pierre, Goran, Melinda, Johannes Judith
and others.

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Torino 15/02/2006

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Thanks to Manuela Maciel for the big cooperation for IAGP Events and to Hilde Gott for European Events

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