

News from the Research Committee

Gabriela Moita

Research working groups (we introduce the groups creating at Edinburgh, who are the members and which are the aims)

1. Research Committee Agenda;
2. Research and Training Organizations;
3. Translation of Instruments;
4. Planning Research on Psychodrama Effectiveness
5. International Research Project

1. Research Committee Agenda

Group Members; Gabriela Moita; Ann Helleday; Kate Kirk; Gabriella Nicotra

The main task of Research Committee is to improve Psychodrama Research

So we have to add to the current agenda the following steps:

Facilitate the work of the working groups today organized in that meeting

- Give support to those working groups
- Facilitate communication between those groups and between RC and all FEPTO and outside FEPTO

We propose the tasks below:

- ✓ Organizing next meeting – see which is the best time in October and best place
- ✓ The main purpose of that meeting will be working in those groups
- ✓ Propose each group have a case presentation on them topics
- ✓ Set up Google groups to facilitate communication

2. Research and Training Organizations

Group Members: Jutta Fürst; Emre Kapkin; Jose Luís Mesquita; Anna Esposito; Ivan Fossati; Marco Greco; Hannes Krall

Main purpose of the group:

Developing ways to improve research skills in the training programmes of PD training

Defining the content of this part of the training

Finding out differences in the various institutes

Developing methods of teaching

Train the trainers

Methodology

Next steps:

- Giving an explanation to the institutes why it is important to teach research.
- Making a questionnaire with around some main questions like
How do you teach research in your institute?

Which difficulties?

How can it be improved?

- Pilot project: 2-3 institutes are making some steps to implement research training, share the experiences and develop a model

3. Group for translation and validation of research instruments.

Members: Galabina Tarashoeva, Jasna Veljkovic, Inci Doganer, Antonio Gonzalez

Steps:

Translation

Validation

Publication

Content

BSI

CORE-OM

PC

HAT

Spontaneity test – David Kipper

? IPI

Languages and responsibly person:

Bulgarian – GT; Serbian – J V; Turkish – I D; Italian; Rumanian; Portuguese

Advisers and supervisors

Robert Elliot

Problems:

Money and time for:

- translation
- validation
- statistic work

Pilot population

4. Group of Planning Research on Psychodrama Effectiveness

Members: Ana Sofia, Daniele Reggianini, Anna Boeri, António Gonzalez

Aims:

- Create database of instruments for measuring Psychodrama outcomes in both clinical and non-clinical population;
- Facilitate the organization of National committees to coordinate research in each country.

5. International Research Project

Members: Michael Wieser, Gabriela Dima, Mihaela Bucuta, Maria Silvia Guglielmin, Marie Cassel, Ines Testoni

The main goals to set up an international research project are:

1. To show the effectiveness of psychodrama
2. To higher up the psychodrama name in the scientific world and among other psychotherapies
3. Improve training in psychodrama

Our main discussions were around research on:

- clients / patients with specific disorders (e.g. depression, psychosomatic)
- on prevention (e.g. in the field of death and dying – careers)
- on students – for the reason of the easy reach of this target group for all of us

Conclusions agreed:

1. To start on clinical samples in order to show the effectiveness of psychodrama in an area where other psychotherapies evidenced their effectiveness
2. Three potential research approaches:
 - A. One, same target group (e.g. depression) researched in more countries using the same research design. The advantage would be the possibility to draw comparisons and add to the existing RCT research another strong one to be able to reach the standards of being evaluated according to Roth & Pilling (as Elliott told us);
 - B. Different target groups (e.g. death and dying, depression, psychosomatic disorders) researched in different countries using the same research design.

The advantage would be the implementation of research on specific clients with which members are already working in their job or private practice; thus they are much motivated on results on their specific group and the target group is much easier to be reached.

- C. Combining A & B: Same design implemented on two or three different target groups in each country part of the project

An important observation is that the role of therapist and researcher can be taken by different persons.

The next agreed step is circulate this summary of initiative and identify the FEPTO members opinions on the following questions:

1. Who wants to be part of an international research project?
2. Which is the approach favored by participants who want to take part (A, B or C)?
3. What are the target groups participants want to work on or do research (as the researcher can be another person than the psychodramatist leading the group)?
4. Who has experience in writing international research projects?