

## NEW PSYCHODRAMA BOOKS

Autobiography of J.L. Moreno  
JACOB LEVY MORENO  
Lulu Prints, 2011

The Autobiography of J.L. Moreno is maybe one of the less well known Moreno texts, as previously it has only been published in small numbers and less widely circulated than the other key Moreno books. This abridged version of the autobiography was first edited together by Moreno's son, Jonathan, and published in the ASGPP *Journal of Psychodrama, Sociometry and Group Psychotherapy* in 1989. It was Greg Tomeoni who later undertook two further editions in book format, and later allowed the North-West Psychodrama Association to publish this new edition, after it having been revised and re-edited by Zerka T. Moreno.

As all autobiographies, this book also offers interesting insight into the life of the father of psychodrama, covering his early years in Romania and Vienna, as well as his later life in the USA. Together with fascinating life events, the book also gives us some understanding of how Moreno's philosophy has developed in the context of the war-torn early 20th century Europe and how these ideas were then later taken and further developed in the US. I would recommend this book as an interesting a helpful additional reading to all interested in psychodrama and the philosophical ideas underpinning it.

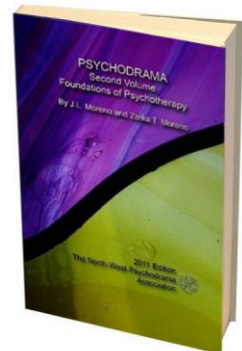
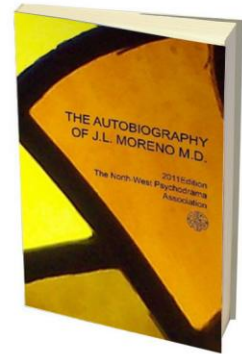
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Psychodrama – Second Volume  
Foundations of Psychotherapy  
JACOB LEVY MORENO & ZERKA T. MORENO  
Lulu Prints, 2011

This is the fifth title in the new Moreno-series edited and published by the North-West Psychodrama Association.

It is the second volume of Moreno's three books specially focused on psychodrama, originally written in 1959 and published at the time at Beacon House. Moreno co-authored this book with Zerka T. Moreno. There are also various other contributors to the book, leading contemporary professionals of Moreno (such as Franz Alexander, Gordon Allport, Serge Lebovici, only to mention a few), who's comments and discussions of Moreno's texts significantly enrich this book, by introducing valuable and eye-opening arguments of Moreno's theory and practice.

The book is organised into six chapters/lectures, each addressing different aspects of the psychodrama theory and technique. The first lecture focuses on transference, counter-transference and tele, and the relationship of these three concepts. The second lecture looks at interpersonal therapy, group psychotherapy and the function of the unconscious. Lecture three discusses the significance of the therapeutic format and the place of acting out in



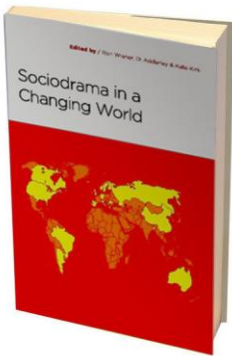
psychotherapy. Lecture four is the discovery of the spontaneous man, with special emphasis on the technique of role reversal. In lecture five, entitled the “psychodrama of Adolf Hitler”, Moreno describes his interesting psychosociodramatic work with a delusional patient. And finally, lecture six looks at existentialism, daseinsanalyse and psychodrama, with special emphasis on existential validation.

This book is a valuable reading for all psychodrama trainees, as well as already qualified practitioners, wishing to further their understanding of the Morenian method and philosophy. Together with other key texts written by Moreno, the book is available both in print and download format on the [www.lulu.com](http://www.lulu.com) website.

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### Sociodrama in a Changing World

Editors: RON WIENER, DI ADDERELY, KATE KIRK

Lulu Prints, 2011

Sociodrama in a Changing World is an attempt to bring sociodrama more into focus in the early decades of the 21st century and more into the foreground as one of Moreno's numerous methods of achieving change throughout the world. We have gathered contributions from many corners of the globe – Brazil, America, Canada, Australia, Greece, Romania, Spain, Switzerland, Germany, Sweden, Argentina, Israel, Norway, Finland, Italy, Portugal, Russia and the British Isles. Our 37 authors explore what's going on in different countries and show the amazing variety of ways that sociodrama and action methods are used to bring understanding of, and change to, group situations.

The book is divided loosely into four sections. In Section I, we present *So What is Sociodrama?* – a wide-ranging group of chapters giving clearly delineated, and yet very different, theoretical perspectives and examples of sociodrama practice. In Section II, *Sociodrama in Cross-Cultural Work*, practitioners bring examples from around the globe of their use of the method in international work, particularly in relation to easing conflicts and developing understanding of (and connection with) the 'other', the 'enemy', those who are 'not like us'. In Section III, *Sociodrama in Organisations*, the focus is predominantly on the sociodramatist in organisational training and consultancy contexts, such as training for management and leadership, or team building. And finally, Section IV, *Sociodrama in Education* features some examples of the use of sociodrama in the field of school, university and other professional training contexts.

Where psychodrama ends and sociodrama begins is much discussed. Do they need to be seen as separate entities or are they part of the same process? This discussion takes up much of the first section of the book. In part, this is due to the training regimes in different countries. Whereas much of Europe and North America separate psycho- and sociodrama, Australia, New Zealand, South America and some southern European countries see the two methods as equally important, complementary specialisms deriving from the same rootstock, and this is reflected

in how they organise their training. Again, where does sociodrama sit on the wider spectrum of the use of drama as a change agent, including the methodologies of dramatherapy, Boal's forum and Fox's playback theatre? In addition, the generic term 'action methods' covers a wide number of techniques – doubling, sculpting, role reversal etc. – all of which are common to both psychodrama and sociodrama.

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<http://bit.ly/qla3tP>